



COVID-19 Advocacy

How we can help if you've been diagnosed with COVID-19

The Meritain Health[®] Case Management team is here to provide emotional and educational support if you have tested positive for COVID-19.

Our team can:

- Help you manage your symptoms.
- Educate you on how to limit your exposure to others.
- Review other health issues you may have that need to be considered.
- Help address questions or concerns you have.
- Provide emotional support.
- Develop a follow-up plan until you've recovered.

We can provide these services for you or anyone on your health plan who has been diagnosed with COVID-19.

If you haven't been positively diagnosed with COVID-19, but believe you may have been exposed, please contact your physician or a telemedicine professional, if available.

Additional questions?

If you have any questions, don't hesitate to give us a call at the number on the back of your ID card.

If you or a family member on your health plan have been diagnosed with COVID-19:

- Call **1.800.242.1199**.
- Let us know you've been diagnosed with COVID-19.